

Opioid Dependence Treatment Program

Are you or your loved one experiencing opioid dependence?

You are not alone. Opioid dependence causes health, legal and relationship problems, and it's dangerous. Every day in Australia, nearly 150 hospitalisations and 14 emergency department (ED) presentations involve opioid harm, and three people die from drug-induced deaths involving opioid use*. Chronic pain and mental health conditions are often the catalyst for opioid misuse and dependence. You can find appropriate and ongoing relief with our expert team at Castle Hill Medical Centre.



Proven treatments for opioid misuse and addiction are now available at Castle Hill Medical Centre.

The problem with opioid dependence

Opioids have a high risk of addiction, and over time you may need larger doses to feel the same effects. Addiction is a chronic brain disease which impacts your health and how your brain works, right down to your thoughts and feelings. People often only seek treatment in a crisis without understanding how difficult withdrawal can be.

We continue to deliver the innovative care and support our community needs to improve health and wellbeing. We understand the impact of




opioid dependence on individuals and families. Your treating doctor delivers a personalised, comprehensive treatment program with proven techniques.

Opioid Dependence Treatment Program

Our personalised treatment programs combine medication and behavioural intervention to achieve the best outcomes. Our expert team exist to guide you through the psychological and social challenges, so you can overcome the compulsion and cravings to enjoy an addiction-free lifestyle.

Opioid Treatment Program goals:

At Castle Hill Medical Centre, your doctor—Dr Ahmad Mir—seeks to provide each patient with personalised treatment programs designed for their unique needs, including:

-  Helping patients reduce harm of non-medical use of opioids
-  Helping patients become and stay addiction-free, assisting to improve their mental health
-  Improving the physical and mental health of our patients.

Dr Mir is also committed to helping patients overcome their mental challenges through psychotherapy (virtual reality therapy).

*aihw.gov.au/reports/illegal-use-of-drugs/opioid-harm-in-australia/summary

CASTLE HILL MEDICAL CENTRE



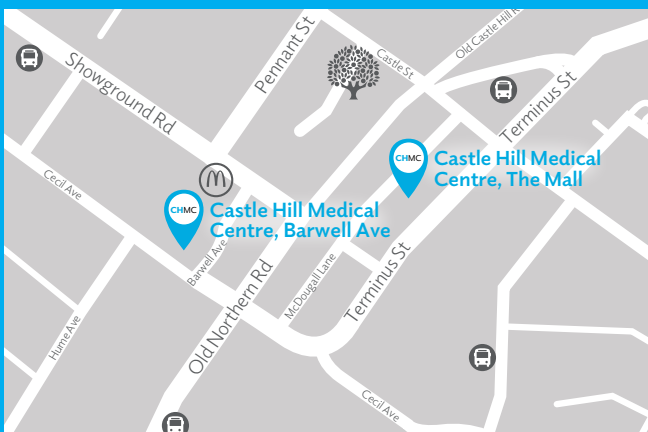
MEET DR AHMAD MIR

Dr Ahmad Mir is a General Practitioner at Castle Hill Medical Centre and Pain Medicine Fellow (Paediatric) at The Children's Hospital, Westmead Nepean. He specialises in the treatment of chronic pain through Medical Cannabis, Virtual Reality Therapy and Opioid Dependence Treatment Programs. Dr Mir is passionate about helping patients experiencing mental health challenges associated with chronic pain and addiction

through medication and psychotherapy. He is also a certified Focused Psychological Skills (FPS) Provider and received a certificate of Clinical Hypnosis in 2019.



Begin treatment for your opioid dependence today. Scan the QR to book an appointment with Dr Mir online or call 9634 5000 now.



CHMC The Mall
Level 1, Castle Mall
4-16 Terminus St
Castle Hill 2154
Ph (02) 9634 5000
chmc.com.au/the-mall

CHMC Barwell Ave
16/7-9 Barwell Ave
Castle Hill 2154
Ph (02) 8865 0650
chmc.com.au/barwell

